**BSF Scripture Reading:**

**FIRST DAY:**

1. **Lecture principles:**

**-A Biblical view of suffering helps you prepare for and bare the pain of life.**

**-Suffering draws us closer to God**

**-Embracing your suffering moves you to a Christ-centered life.**

1. **Read the lesson notes**

**SECOND DAY:**

**Read Revelation 14:1-5**

**The Lamb and the 144,000**

[14:1] Then I looked, and there before me was the Lamb, standing on Mount Zion, and with him 144,000 who had his name and his Father's name written on their foreheads. [2] And I heard a sound from heaven like the roar of rushing waters and like a loud peal of thunder. The sound I heard was like that of harpists playing their harps. [3] And they sang a new song before the throne and before the four living creatures and the elders. No one could learn the song except the 144,000 who had been redeemed from the earth. [4] These are those who did not defile themselves with women, for they kept themselves pure. They follow the Lamb wherever he goes. They were purchased from among men and offered as firstfruits to God and the Lamb. [5] No lie was found in their mouths; they are blameless.

**Question 4**

**Ephesians 1:4-7, 12-14;** [4] For he chose us in him before the creation of the world to be holy and blameless in his sight. In love [5] he predestined us to be adopted as his sons through Jesus Christ, in accordance with his pleasure and will— [6] to the praise of his glorious grace, which he has freely given us in the One he loves. [7] In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace

 [12] in order that we, who were the first to hope in Christ, might be for the praise of his glory. [13] And you also were included in Christ when you heard the word of truth, the gospel of your salvation. Having believed, you were marked in him with a seal, the promised Holy Spirit, [14] who is a deposit guaranteeing our inheritance until the redemption of those who are God's possession—to the praise of his glory.

**1 Peter 1:18-19;** [18] For you know that it was not with perishable things such as silver or gold that you were redeemed from the empty way of life handed down to you from your forefathers, [19] but with the precious blood of Christ, a lamb without blemish or defect.

**Question 5a**

**1 Corinthians 6:19-20;** [19] Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; [20] you were bought at a price. Therefore honor God with your body.

**Ephesians 5:1-11;** [5:1] Be imitators of God, therefore, as dearly loved children [2] and live a life of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.

[3] But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people. [4] Nor should there be obscenity, foolish talk or coarse joking, which are out of place, but rather thanksgiving. [5] For of this you can be sure: No immoral, impure or greedy person—such a man is an idolater —has any inheritance in the kingdom of Christ and of God. [6] Let no one deceive you with empty words, for because of such things God's wrath comes on those who are disobedient. [7] Therefore do not be partners with them.

[8] For you were once darkness, but now you are light in the Lord. Live as children of light [9]  (for the fruit of the light consists in all goodness, righteousness and truth) [10] and find out what pleases the Lord. [11] Have nothing to do with the fruitless deeds of darkness, but rather expose them.

**Philippians 2:1-16;** [2:1] If you have any encouragement from being united with Christ, if any comfort from his love, if any fellowship with the Spirit, if any tenderness and compassion, [2] then make my joy complete by being like-minded, having the same love, being one in spirit and purpose. [3] Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. [4] Each of you should look not only to your own interests, but also to the interests of others.

[5] Your attitude should be the same as that of Christ Jesus:

[6] Who, being in very nature God,

did not consider equality with God something to be grasped,

[7] but made himself nothing,

taking the very nature of a servant,

being made in human likeness.

[8] And being found in appearance as a man,

he humbled himself

and became obedient to death —

even death on a cross!

[9] Therefore God exalted him to the highest place

and gave him the name that is above every name,

[10] that at the name of Jesus every knee should bow,

in heaven and on earth and under the earth,

[11] and every tongue confess that Jesus Christ is Lord,

to the glory of God the Father.

**Shining as Stars**

[12] Therefore, my dear friends, as you have always obeyed—not only in my presence, but now much more in my absence—continue to work out your salvation with fear and trembling, [13] for it is God who works in you to will and to act according to his good purpose.

[14] Do everything without complaining or arguing, [15] so that you may become blameless and pure, children of God without fault in a crooked and depraved generation, in which you shine like stars in the universe [16] as you hold out the word of life—in order that I may boast on the day of Christ that I did not run or labor for nothing.

**1 John 1:9-10;** [9] The true light that gives light to every man was coming into the world.

[10] He was in the world, and though the world was made through him, the world did not recognize him.

**THIRD DAY**

**Read Revelation 14:6-13**

**The Three Angels**

[6] Then I saw another angel flying in midair, and he had the eternal gospel to proclaim to those who live on the earth —to every nation, tribe, language and people. [7] He said in a loud voice, “Fear God and give him glory, because the hour of his judgment has come. Worship him who made the heavens, the earth, the sea and the springs of water.”

[8] A second angel followed and said, “Fallen! Fallen is Babylon the Great, which made all the nations drink the maddening wine of her adulteries.”

[9] A third angel followed them and said in a loud voice: “If anyone worships the beast and his image and receives his mark on the forehead or on the hand, [10] he, too, will drink of the wine of God's fury, which has been poured full strength into the cup of his wrath. He will be tormented with burning sulfur in the presence of the holy angels and of the Lamb. [11] And the smoke of their torment rises for ever and ever. There is no rest day or night for those who worship the beast and his image, or for anyone who receives the mark of his name.” [12] This calls for patient endurance on the part of the saints who obey God's commandments and remain faithful to Jesus.

[13] Then I heard a voice from heaven say, “Write: Blessed are the dead who die in the Lord from now on.”

“Yes,” says the Spirit, “they will rest from their labor, for their deeds will follow them.”

**Question 7**

**Acts 26:18;** [18] to open their eyes and turn them from darkness to light, and from the power of Satan to God, so that they may receive forgiveness of sins and a place among those who are sanctified by faith in me.'

**1 Corinthians 15:3-4;** [3] For what I received I passed on to you as of first importance : that Christ died for our sins according to the Scriptures, [4] that he was buried, that he was raised on the third day according to the Scriptures,

**Question 8**

**Matthew 28:18-20;** [18] Then Jesus came to them and said, “All authority in heaven and on earth has been given to me. [19] Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, [20] and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”

**2 Corinthians 4:5-6;** [5] For we do not preach ourselves, but Jesus Christ as Lord, and ourselves as your servants for Jesus' sake. [6] For God, who said, “Let light shine out of darkness,” made his light shine in our hearts to give us the light of the knowledge of the glory of God in the face of Christ.

**1 Peter 2:9;** [9] But you are a chosen people, a royal priesthood, a holy nation, a people belonging to God, that you may declare the praises of him who called you out of darkness into his wonderful light.

**FOURTH DAY:**

**Read Revelation 14:6-13**

**The Three Angels**

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**Question 9a**

**Revelation 13:5-10, 16-17;** [5] The beast was given a mouth to utter proud words and blasphemies and to exercise his authority for forty-two months. [6] He opened his mouth to blaspheme God, and to slander his name and his dwelling place and those who live in heaven. [7] He was given power to make war against the saints and to conquer them. And he was given authority over every tribe, people, language and nation. [8] All inhabitants of the earth will worship the beast—all whose names have not been written in the book of life belonging to the Lamb that was slain from the creation of the world.

[9] He who has an ear, let him hear.

[10] If anyone is to go into captivity,

into captivity he will go.

If anyone is to be killed with the sword,

with the sword he will be killed.

This calls for patient endurance and faithfulness on the part of the saints.

[16] He also forced everyone, small and great, rich and poor, free and slave, to receive a mark on his right hand or on his forehead, [17] so that no one could buy or sell unless he had the mark, which is the name of the beast or the number of his name.

**FIFTH DAY:**

**Read Revelation 14:14-20**

**The Harvest of the Earth**

[14] I looked, and there before me was a white cloud, and seated on the cloud was one “like a son of man” with a crown of gold on his head and a sharp sickle in his hand. [15] Then another angel came out of the temple and called in a loud voice to him who was sitting on the cloud, “Take your sickle and reap, because the time to reap has come, for the harvest of the earth is ripe.” [16] So he who was seated on the cloud swung his sickle over the earth, and the earth was harvested.

[17] Another angel came out of the temple in heaven, and he too had a sharp sickle. [18] Still another angel, who had charge of the fire, came from the altar and called in a loud voice to him who had the sharp sickle, “Take your sharp sickle and gather the clusters of grapes from the earth's vine, because its grapes are ripe.” [19] The angel swung his sickle on the earth, gathered its grapes and threw them into the great winepress of God's wrath. [20] They were trampled in the winepress outside the city, and blood flowed out of the press, rising as high as the horses' bridles for a distance of 1,600 stadia.

**Question 11**

**Revelation 1:13;** [13] and among the lampstands was someone “like a son of man,” dressed in a robe reaching down to his feet and with a golden sash around his chest.

**Question 12b**

**Matthew 13:24-30; 25:32;**  [24] Jesus told them another parable: “The kingdom of heaven is like a man who sowed good seed in his field. [25] But while everyone was sleeping, his enemy came and sowed weeds among the wheat, and went away. [26] When the wheat sprouted and formed heads, then the weeds also appeared.

[27] “The owner's servants came to him and said, ‘Sir, didn't you sow good seed in your field? Where then did the weeds come from?'

[28] “‘An enemy did this,' he replied.

“The servants asked him, ‘Do you want us to go and pull them up?'

[29] “‘No,' he answered, ‘because while you are pulling the weeds, you may root up the wheat with them. [30] Let both grow together until the harvest. At that time I will tell the harvesters: First collect the weeds and tie them in bundles to be burned; then gather the wheat and bring it into my barn.'”

[32] All the nations will be gathered before him, and he will separate the people one from another as a shepherd separates the sheep from the goats.

**SIXTH DAY:**

**Review Revelation 14**

**The Lamb and the 144,000**

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